

WORKPLACE PHILANTHROPY: MEAL BASKETS FOR NEEDY FAMILIES

MENU IDEAS

THE FULL MONTY:

Canned Green Beans	Gravy or Gravy Mix
Canned Sweet Potatoes/ Yams	Salt & Pepper
Cornbread Stuffing	Spices: Poultry seasoning, cinnamon
Instant Potatoes	Small Container of Oil
Canned Corn	Biscuit Mix
Canned Cranberry Sauce	Sugar (Brown and granulated)
Cake Mix	Icing
Canned Pie Filling	Pie crust
Tea bags	

Gift Card from Local Grocery Store to cover:

Turkey/Chicken	Butter/Margarine
Eggs	Milk

SPICY MID-WEEK DINNER:

Chili Mix/Spices	Hot Sauce
Canned Chili Beans	Salt and Pepper
Cornbread mix	Small container of oil
Brownie Mix	Icing
Tea bags	Sugar

Gift Card from Local Grocery Store to cover:

Ground beef/ Turkey	Butter/Margarine
Eggs	Milk
Shredded Cheese	

WEEKEND BREAKFAST :

Pancake Mix	Oatmeal or grits
Canned Fruit	Syrup

Gift Card from Local Grocery Store to cover:

Butter/Margarine	Milk
Eggs	Shredded Cheese
Bacon/Sausage	Orange juice

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MICROWAVE MID-WEEK DINNER:

(for people with Limited ability to Cook)

Microwave Pasta or Rice Dish Salt & Pepper
Canned corn or sweet potatoes
Jug of non-perishable tea

Gift Card from Local Grocery Store to cover:
 Roasted Chicken or ready to serve ham
 Butter/Margarine
 Cookies or fruit

MOM'S MEATLOAF DINNER:

Quick cook oats or bread crumbs Salt & Pepper
Spices: italian blend/ oregano/ garlic salt Instant potatoes or bag of potatoes
Onion
Green bean casserole makings:
 Canned green beans
 Cream of Mushroom soup
 French fried Onions
Instant Pudding/ Jello for Dessert Canned Fruit
Tea bags

Gift Card from Local Grocery Store to cover:
 Ground beef Eggs
 Butter/Margarine Milk

CREOLE DINNER:

Rice Canned Diced Tomatoes
Creole seasoning Canned kidney beans
Onion
Tea bags

Gift Card from Local Grocery Store to cover:
 Smoked sausage or shrimp Celery & Carrots